

What to Bring: *for Summer Session Campers*

Campers will be given this year's Camp Leo T-shirt at check-in.

*We will have other awesome Camp Leo gear **for sale** at check in!*

Necessities

- Refillable Water Bottle
- Sleeping Bag and Pillow
- Shoes
- Shower Shoes/Flip Flops
- Sneakers/Hiking Shoes (closed toed with nonslip bottoms)
- Enough clothes for the number of days of camp, plus one extra.
- Warm clothes for evening campfires and bedtime (sweatshirt or jacket)
- Rain gear
- Extra socks and underwear (just in case)
- Two-Three towels (one for swimming, one-two for showers)
- Swimsuit
- Sunscreen
- Toiletries (washcloth, soap, shampoo, hairbrush, toothbrush, toothpaste, deodorant)
- Insect repellent/bug spray
- Flashlight and extra batteries
- Hiking bag or daypack
- Sense of ADVENTURE!

Extras

- Alarm clock (phone can be used)
- Camera (phone can be used)
- Book/Journal/Deck of cards, or other bunk games

Diabetes Medical Supplies

- All insulin, glucose meters, and test strips are provided.
- Any other prescription or non-prescription medications in original bottles with clearly labeled name and instructions.
- Campers on insulin pumps and/or CGMs need to bring a 2 week supply of pump materials and an extra CGM sensor. These items are not provided by camp. Unused supplies will be returned at check out.

WHAT NOT TO BRING:

- Food, beverages, or snacks. All food and snacks- including low blood glucose treatments- are provided.
- Jewelry or other valuables
- Electronics (including all laptops, iPods, tablets, portable CD or DVD players, gaming systems, etc.) Any electronics brought to camp will be removed from camper possession until the end of camp. Camp Leo accepts NO responsibility for damage or loss of electronic devices.
- Alcohol, marijuana, tobacco products, illegal drugs, or weapons.
- Personal vehicles – campers are not allowed to have a personal vehicle at camp nor transport themselves or others to or from camp.
- Pets and diabetes alert dogs are prohibited at camp due to other camper allergies

Historically: 12th Grade CAMPERS

Our 12th grade campers will be going on a full-day hike and/or overnight campout. For all these campers we emphasize bringing a pair of hiking shoes or boots. Canvas sneakers do not provide enough traction or support to keep hikers comfortable and safe during the hike. Please remember to also bring a sleeping bag (NOT blankets and sheets), a backpack for gear, and a sleeping roll if you have one (optional). Camp Leo will provide gear if needed.

THEME NIGHTS

As part of the camp spirit, we do have themes for every night of camp. Your child is welcome to participate in this by dressing up for dinner or an evening activity, though we discourage buying costumes for this purpose. Instead, we encourage our staff and campers to creatively think about how they can repurpose costumes or clothing they already own to fit the theme. We also have lots of costumes available in our dress up bin to supplement what they bring with them.