

COUNSELOR IN TRAINING

Job Title: **Counselor-in-Training (CIT)**

Classification: **Volunteer Non-Paid**

Reports to: **Cabin Counselor, CIT Lead**

Position Purpose:

A CIT's primary role at camp is to learn the skills necessary to be a successful counselor in the future. The CIT is responsible for assisting the counselor with planning, teaching, coordinating, and carrying out activities and guiding campers in their personal growth and daily living skills. Additionally, CITs are expected to lead by example and be role models for their campers.

Qualifications:

- ♦ Minimum Grade: CITs must be entering the 10th-12th grades
- ♦ Is a person with diabetes, related to a person with diabetes, or demonstrates special interest in children with diabetes or diabetes camping
- ♦ Has childcare or camping experience
- ♦ Has attended the Leadership Training Weekend

Relationships:

- ♦ CITs are responsible to their Counselor, the CIT Lead, their Cabin Medical Staff, the Camp Director, and the Executive Director.
- ♦ CITs will have a daily meeting with their CIT peers and the CIT lead to go over any issues. Additional review meetings will be scheduled as necessary.
- ♦ CITs are there to support their Counselor and Cabin Medical Staff by controlling cabin behavior and leading by example. Medical decisions regarding treatment are to be made by the Medical Staff alone without intervention from the CIT.

Essential Job Functions:

1. Assist in the direction, supervision, and organization of campers in their cabin, within activities and throughout the camp in order to meet the intended camper outcomes.
 - ♦ Apply basic youth development principles in working with campers through communication, relationship development, respect for diversity, involvement and empowerment of youth.
 - i. Assure campers are properly supervised at all times.
 - ii. Be aware of and implement safety guidelines.
 - iii. Encourage campers to express their emotions and feelings.
2. Participate in the development and implementation of program activities for campers within the mission and outcomes.
 - ♦ Responsible for leading and assisting with the teaching of activities.
 - ♦ Actively participate in all program areas as assigned.
 - ♦ Provide for the progression of activities within the framework of individual and group interests and abilities.
 - ♦ Assist in program areas such as hiking, arts and crafts, diabetes education, field games, campfire, swimming, etc. as directed.
3. Maintain high standards of health and safety in all activities for campers and staff.
 - ♦ Provide the daily care of each camper within your supervision including recognition of personal health needs (and enforcing personal hygiene such as daily toothbrushing, bathing, changing clothing, etc).
 - ♦ Ensure that campers receive their medications as directed by your cabin medical staff.

- ♦ Be alert to campers and staff needs and assist them with personal and/or health problems, and discuss with camp health manager and/or resident camp director when appropriate.
 - ♦ Be alert to equipment and facilities to ensure utilization, proper care, and maintenance is adhered to; report repairs needed promptly to camp director.
4. Be a role model to campers and staff in your attitude and behavior.
- ♦ Follow and uphold all safety and security rules and procedures.
 - ♦ Set a good example to campers in regards to your diabetes management and your relationship to your cabin medical staff
 - ♦ Set a good example to campers and others in regard to general camp procedures and practices including conduct with persons of the opposite sex, sanitation, schedule, and sportsmanship.

Other Job Duties:

- ♦ Contribute to verbal and written evaluations and communication as requested.
- ♦ Participate enthusiastically in all camp activities, planning, and leading those as assigned.
- ♦ Participate as a member of the camp staff team to deliver and supervise evening programs, special events, overnights, and other all-camp activities and camp functions.
- ♦ Assist in the planning of any special events like the party, closing campfire, etc.
- ♦ Make the “camp magic” happen for your cabin

Knowledge, Skills, and Abilities:

- ♦ Understand the development needs of youth.
- ♦ Personal understanding of type one diabetes
- ♦ Ability to relate to youth and adults in a positive manner.

Physical Aspects of the Job:

- ♦ Ability to observe camper behavior and assess its appropriateness, enforce appropriate safety regulations and emergency procedures, and apply appropriate behavior-management techniques.
- ♦ Visual and auditory ability to identify and respond to environmental and other hazards related to the activity.
- ♦ Physical ability to stand for long periods, walk long distances, hike hills, swim
- ♦ Requires range of hearing and eyesight to record, prepare, and communicate appropriate camper activities/programs.
- ♦ Willingness to live in a camp setting and work irregular hours with limited or simple equipment and facilities.