

LEAD REGISTERED DIETITIAN

Job Title: **Lead Registered Dietitian (RD)**

Classification: **Volunteer Non-Paid**

Reports to: **Camp Director, Executive Director**

Position Purpose:

The Lead RD is responsible for identifying and preparing for the dietary needs of campers, counselors, and staff.

Qualifications:

- ♦ Registered Dietitian credentialed to practice in the State of Washington
- ♦ Interest in diabetes healthcare, preference given to Certified Diabetes Educators (CDE)
- ♦ Holds a current Washington State Food Handlers Permit

Relationships:

- ♦ The Lead RD is responsible to the Executive Director during the planning stage of camp and the Camp Director during the camp session.
- ♦ The Lead RD will attend the daily medical staff meeting to share information about the medical nutrition therapy (MNT) at camp and address any issues.
- ♦ The Lead RD will also attend the morning staff meeting to share any menu information and menu changes for the day.
- ♦ The Lead RD is the supervisor to any foodservice assistants or assistant RDs. They are responsible for acting as the preceptor to any RD professionals in training.
- ♦ The Lead RD will be responsible for communicating with the Camp Berachah kitchen staff to ensure that meals are on time and that the food items contain the same amount of carbohydrates as the menu lists.

Essential Job Functions

1. Work with Camp Berachah Kitchen Manager on food planning prior to and during the camp session.
 - Communicate with Camp Berachah to finalize the menu, food availability, and special diets.
 - Order all snacks and supplemental food needed for Camp Leo through the Camp Berachah kitchen manager.
 - Adjust orders as needed based on supply of food available.
2. Prepare carbohydrate count for all meals, based on portions to be served, and communicate with staff
 - Calculate carbohydrate (carb) amounts based on commonly accepted measurements
 - Indicate these carb counts on the menu in a clear fashion
 - Prepare daily "carb cards" that indicate these amounts for campers to use prior to meals and distribute these cards to medical staff the day before.
 - Prepare special diet "carb cards"
3. Manage Special Diets
 - Communicate with parents of children with special dietary needs prior to camp.
 - Prepare menus for and order/purchase food as necessary to accommodate staff or camper special diets.
4. Assure there is enough food and low blood sugar supplies available during the day and night.
5. Anticipate extra food needs for high-intensity activities.

6. Prepare and serve mid-afternoon and evening snack. Make sure that a morning snack is available for those who want one.
7. Lead evaluation of nutritional services after each session and at the end of the year and work with Executive Director to make changes as necessary.
8. Prepare Nutrition Therapy for campers, work with staff to educate campers about appropriate nutrition and its importance to health.

Other Job Duties:

- ♦ Contribute to verbal and written evaluations and communication as requested.
- ♦ Participate enthusiastically in all camp activities, planning, and leading those as assigned.

Physical Aspects of the Job:

- ♦ Ability to communicate with camper parents about medical issues.
- ♦ Physical ability to stand for medium term periods and walk at least a mile unaided
- ♦ Willingness to live in a camp setting and work irregular hours with limited or simple equipment and facilities.
- ♦ Physical ability to lift cases of juice and move boxes around to prepare for snacks.

NUTRITION ASSISTANT

Job Title: **Nutrition Assistant**

Classification: **Volunteer Non-Paid**

Reports to: **Lead RD**

Position Purpose:

The RD Assistant is responsible for assisting the Lead RD as necessary during the course of their job duties at camp.

Qualifications:

- ♦ Experience in food service or nutrition therapy.
- ♦ Preference given to Registered Dietitians (RD) credentialed to practice in the State of Washington
- ♦ Holds a current Washington State Food Handlers Permit

Relationships:

- ♦ The RD Assistant is responsible to the Lead RD and may also receive direction from the Executive Director or Camp Director during the camp session.
- ♦ The RD Assistant may attend the daily medical staff meeting in the place of the Lead RD to share information about the medical nutrition therapy (MNT) at camp and address any issues.
- ♦ The RD Assistant will also attend the morning staff meeting.
- ♦ The RD Assistant in the course of their job duties will be communicating with the Camp Berachah kitchen staff.

Essential Job Functions

1. Assist the Lead RD in executing the special diet planning and menu preparation.
2. Solely responsible for logging all refrigerator temperatures for refrigerators being used during the Camp Leo sessions.
3. Solely responsible for preparing the cooler for pumps and extra snacks to go down to the pool, and transporting said cooler to the pool each day in time for swim time.
4. With the Lead RD, prepare and serve mid-afternoon and evening snack. Make sure that a morning snack is available for those who want one.
5. Ensure that the evening low blood glucose treatment carts are set up.
6. Prepare Nutrition Therapy for campers, work with staff to educate campers about appropriate nutrition and its importance to health.

Other Job Duties:

- ♦ Contribute to verbal and written evaluations and communication as requested.
- ♦ Participate in food service as needed.

Physical Aspects of the Job:

- ♦ Physical ability to stand for medium term periods and walk at least a mile unaided
- ♦ Willingness to live in a camp setting and work irregular hours with limited or simple equipment and facilities.
- ♦ Physical ability to lift cases of juice and move boxes around to prepare for snacks.